

## **ACUPUNCTURE REFERRAL**

DOB:

## Referring Physician: \_\_\_\_\_\_ Follow up date: \_\_\_\_\_\_

## Diagnosis

Pain Management & Rehabilitation	Holistic Approach to Health Management
$\Box$ Neck	□ Addiction – smoking, alcohol, overeating
$\square$ Back	□ Allergy
$\Box$ Shoulder (R / L)	□ Anxiety and Depression and Stress
$\Box$ Elbow (R / L)	□ Asthma
$\Box$ Wrist (R / L)	$\Box$ Common Cold and Flu.
$\Box$ Hand (R / L)	Constipation and Diarrhea
$\Box$ Hip (R / L)	Ear Ringing
SI Joint	Fatigue
$\Box$ Knee (R / L)	Headache and Migraine
$\Box$ Ankle (R / L)	
$\Box$ Foot (R / L)	Insomnia / Sleep Disturbances
$\Box$ TMJ (R / L)	Palpitation
□ Facial Paralysis (R / L)	Sinus Problem
□ Stroke	Skin problem
□ Arthritis	Stomach Problem
Fibromyalgia	□ Vertigo and Dizziness
□ Sports Injury	
□ Neuropathy	Woman's Health
□ Failed Back Surgery Syndrome	Menstruation Problem
Manage Chronic Pain	Menopause Syndrome
Postural Instability Pain	□ Infertility
$\Box$ Other ( )	□ Urinary Dysfunction and UTIs
Modalities	
	Therapeutic Exercise
□ Electro-Acupuncture	$\Box$ ROM
□ Electro-Acupuncture (Needle Free)	□ Strengthening
□ Manual Therapy	□ Stretching
□ Cupping	Postural Instruction
□ Moxa	Paraffin
$\Box$ Ear-Seeds	Kinesio Taping Method
□ Reflexology	Medical Pilates
□ Neuromuscular Reeducation	

## **Frequency and Duration**

Standard Treatment Plan – 3 days a week  $\Box 4 \Box 6 \Box 8$  weeks □ Other frequency of treatment \_\_\_\_\_ day a week

Comment: \_\_\_\_\_

Physician Signature: \_\_\_\_\_